Passion Family Dental North Lakes

Newsletter 2019 April

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Passion Family Dental North Lakes - Hopping into Easter!

Topic

- Treat Yourself
- Children's Decay
- Costco Business Fair



Adults' Exam and Clean ONLY \$168

Kids' Exam and Clean ONLY \$85-\$118

*For patients without private health insurance. To qualify for Family Package, minimum of one adult and one child must attend consecutive appointments



Easter Eggs! Yes, Please!

With Easter just weeks away the shops are full of yummy chocolates and hot cross buns. Looking after your teeth doesn't necessarily mean denying yourself of all these deli-



cious foods. Sugar and sticky starchy foods will not cause your teeth to decay unless they are left on your teeth for a length of time.

Dr Sam tells his patients to enjoy all the scrumptious foods but remember to brush and floss your teeth properly afterwards, or at the very least have a drink of water. Try to avoid grazing on snacks. If we can limit the time the food particles sit on our teeth then the amount of bacteria in our mouth will be less and so will the decay.

Caring for Children's Teeth

Baby teeth are made of a softer material than adult teeth, therefore they are more prone to decay. It is recommended that parents help their children brush their teeth up until about the age of eight, or when they are capable of tying their own shoe laces, until then children are simply not dexterous enough to manage themselves.

Even though baby teeth will eventually all fall out, it is important that we take good care of them. If children lose their baby teeth before they would naturally fall out then they risk having crowding issues with their adult teeth.

BOOK ONLINE NOW! passionfamilydental.com.au

Free Dental Consultation

Saturday 6 April 2019 Costco North Lakes—Business Fair 9:00am to 4:30pm

Dr Sam and the team chatted to many local residents at the North Lakes Costco Free Consultation Event on 6 April, showing children how to brush their teeth and helping ease the dental fears of many adults. If you missed taking to us at this event come on down to Costco on Saturday 6 April you may even get to meet the Tooth Fairy!





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