## Passion Family Dental North Lakes

Newsletter June 2019



#### **Passion Family Dental North Lakes - Winter Savings and Ideas**

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- Health Funds
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# Current Promotion



\* Additional costs for multipole colours and personalisation

### VIP Members

Become a VIP Member and receive FREE dental consultations and 10% discount on treatments.



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# How to Make the Most Out of Your Health Fund

We know how expensive it can be to have private health insurance so we want to make sure that we are getting the most value for our dollar. Passion Family Dental North Lakes accept all health funds and are the preferred provide for **HCF**, **Westfund** and **NIB** (and its subsidiaries).

There is often much confusion as to what a health fund will cover and how much it will pay towards costs. Basically there are three different types of dental treatment. Preventative—exams, cleans, x-rays, etc. General—fillings, standard extractions etc. and Major—crowns, root canal therapy, dentures etc. The health funds WANT you to have the preventative treatments, in the hope that general and major treat-



ments are kept at a minimum., and will therefore allow you to claim more back for them. Often we find that our patients have no, or very little, out of pocket expenses with there exam and cleans, this is helped by Dr Sam heavily discounting these services.

Your rebate amount on treatments will depend on your level of cover, sometimes there is only a small difference between what health funds charge for the various levels so make sure you look into the different levels of cover. Health funds generally have annual limits for how much they will pay towards each of the types of treatment, therefore you need to know what calendar your fund uses so that you can maximise the benefits.

When you come in for your appointment make sure you bring your health fund card with you so that you can claim the benefit immediately, leaving only a small balance to pay. Our clinicians are very familiar with the health fund item codes and will make sure that all items that can legitimately and legally be claimed are processed for you.

Note: All treatments our dentists recommend is based on clinical need and not directed by health fund rebates.

### The Importance of a Thorough Professional Dental Clean

More adults lose teeth due to unhealthy gums than they do to dental decay, so maintaining healthy gums is just as important as maintaining healthy teeth. This makes visiting your dentist for a regular scale and clean an important part of maintaining good oral health.

Calculus that remains on the teeth can cause the gums and supporting bone structure to recede and cause irritation and infection. Over time this build up can cause teeth to become loose and painful. It is essential that your professional clean appointments are regular and thorough to ensure all calculus is removed.

At **Passion Family Dental North Lakes** our dentists take the time to ensure that our patients receive the very best of care. During a thorough clean your dentist needs to remove the hard calculus that builds up on your teeth and below the gum. This is done firstly by using an ultrasonic cleaner that gently removes the larger particles, the dentist will then use a hand instrument to remove any remaining build up. Next floss is used to make sure that teeth are completely free of calculus and feel nice and smooth. Finally your teeth will receive a polish and fluoride treatment. Depending on when your last clean was, this process can take some time to complete.

