



Passion Family Dental North Lakes - Your Comfort is Our Top

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## How to Choose the Right Toothpaste



Which Toothpaste is  
Right For You?

There is an almost limitless number of toothpastes available making choosing one very difficult. Generally toothpastes are designed to help clean your teeth, but we need to be careful as some toothpastes contain ingredients that can potentially harm your dental health. Others simply do little to help protect our teeth. Make sure you read and understand the ingredients on the box or tube so that can ensure that you are choosing the one that contains the ingredients that you need.

Tips to keep in mind:

- Check it has fluoride as the fluoride helps our teeth to resist against bacteria that leads to decay
- Babies under 18 months shouldn't use any toothpaste
- Children under six shouldn't use adult toothpaste
- Desensitising toothpaste is less abrasive than the standard toothpaste. Brush with standard then apply desensitising directly to sensitive areas
- Whitening toothpaste is more abrasive and may cause sensitivity. Always check the amount of whitening ingredient as this is sometimes minimal

### Current Promotion

CHILDREN'S  
DENTAL



Kids Check-up & Clean \$85- \$118\*

Children's check-up & clean  
Under 6 years old - \$85\*  
6 -12years old - \$118\*

\*Includes exam (Items 011 or 012), scale and clean (Item 114) or removal of plaque (Item 111), fluoride (Item 121), two x-rays (Item 022 x 2), unless deemed unsuitable or unnecessary. For patients with no healthfund or CBDS.



Check your kids eligibly for  
\$1000 in dental benefits to use  
on selected dental service.

**BOOK ONLINE NOW!**

[passionfamilydental.com.au](http://passionfamilydental.com.au)

## Are Dental X-Rays Safe?

Rest assured, the amount of radiation a patient receives by having a dental x-ray is minimal. The average person is exposed to a similar amount of radiation in a normal average day as they do to a standard dental x-ray. In fact, you receive more radiation on an aeroplane flight than you do from your dentist.

Dentist generally recommend having x-rays taken every two years, unless there are other underlying concerns. They form an essential part of a thorough dental examination as they show areas that can't be seen by simply looking into your mouth.

## Children's Dental

**The sooner you start teaching your child the importance of good oral health the better!**

Baby teeth are softer than adult teeth and are therefore more prone to decay. Many parents think that because the baby teeth are going to fall out anyway, it doesn't matter if a child loses one early due to decay or accident. Nothing could be further from the truth. Baby teeth help to determine and maintain the space for the erupting adult tooth, it is just as important that we look after baby teeth as it is our adult teeth.

We love having children visit the practice and make sure every visit is fun and enjoyable. By visiting the dentist from an early age children will grow up knowing that going to the dentist is nothing to be fearful about. Call us to check if your child is eligible for the \$1000 in FREE dental under the Medicare Children's Dental Benefits Schedule.



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