Passion Family Dental North Lakes

Newsletter January Issue

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Current Promotions New Patient check-up & clean

Only \$178* includes exam, 2 x-rays, clean and



Custom-made mouth guard Only \$179* *Extra costs for personalization and additional colours



BOOK ONLINE NOW! passionfamilydental.com.au

Passion Family Dental North Lakes

Happy New Year!

New Years Resolutions

New Years is when we all give thought to making changes or improvements in our lives. Starting a new diet, exercising more or giving up a bad habit. Why not make improving your oral health a new priority? This could be something simple such as striving to improve brushing techniques or flossing every day, or it could be completing your planned dental treatment. For some it could be to overcome that dreaded fear of the dentiet and mak

that dreaded fear of the dentist and mak-ing that first appointment. Which ever you decide the team at Passion Family Dental will happily work with you to help you achieve your goals.



It is surprising how many benefits there are to simply improving your oral health routines. It can have a huge impact not only on your daily life but also your over-3. Go to the Dentist all health.

Why Do My Gums Hurt?

If your gums are red or swollen, if they are tender to touch or even bleed when you brush, then you could have gum disease. So many of us will stop flossing or brush less if we see blood when we brush our teeth, when the opposite needs to be done. Blood when brushing means we need to brush more not less!

There are a few reasons why we may develop gum problems:

- Your Toothbrush. When was the last time you replaced your 1. toothbrush? Make sure you use a soft toothbrush as medium or hard toothbrushes can do more damage than good
- Your Brushing and Flossing Technique. Make sure you 2. brush using small circles with the toothbrush on a 45 degree angle. Be gentle when you floss using a den-

tal ribbon type floss that is slightly wider than standard floss

GINGIVITIS CALCULUS BUILDS UP ON TEETH AND GUMS ARE INFLAMED (RED).

3. Gum Disease. Over time plaque builds up on our teeth and, if not removed, can cause gingivitis. No matter how good our brushing is at home, we still need to get a dentist to do a professional clean to remove the hard calculus that build up on our teeth causing irritation to our gums



Children's Dental Benefit Scheme

medicare **Child Dental Benefit Scheme Bulk Billed Here**

The Children's Dental Benefits Scheme (CBDS) is a Medicare program for eligible children aged two to 17 years of age. Up to \$1000 is provided over two consecutive calendar years for dental treatments such us exams, cleans, x-rays and fillings.

Who Is Eligible? CBDS eligibility is assessed each calendar year - a child ble for Medicare, and receive Family Tax Benefit Part A or other Australian government payment.

At Passion Family Dental North Lakes, we want to help your child build a lifelong confident association with their dentist. We are happy to bulk bill treatments that are eligible under the CBDS. Call us on 3465 1199 and we can see if your child qualifies for this free treatment!



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