



We Can Get Through This!

Help is at Hand

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Contact Information

Please contact us any time via
contact@passionfamilydental.com.au
Or
Facebook Messenger



Over the coming weeks and possibly even months, while we are all being asked to stay in our homes, we will be sitting on our lounges watching television or playing our x-box. We will be eating meals we have mostly cooked ourselves and playing rugby in our back yards. We will still be living our lives, just in a different way.

During this time, just like any other time, we may break a tooth or lose a filling, we may experience a tooth ache or bleeding gums. And just like any other time, we are here to help you, just in a different way.

Instead of calling us as you would usually do, we ask that you send us an email (contact@passionfamilydental.com.au), or message us through Facebook Messenger. We will be able to guide you through and help you with any dental issue you may have. The same way we have been helping, just in a different way.



In this every changing world, now is the time to support each other and work together to get through this crisis. To reach out and to show how much we care. Passion Family Dental North Lakes has always been a practice that truly cares for our patients, this is one thing that will never change. **We will get through this together!**

How to Manage a Broken Tooth or Lost Filling



For more tips on how to manage dental emergencies at home please go to our website or follow our Facebook page



During the coming weeks we will be putting information (such as below) on our website and Facebook page on how to best manage various dental conditions at home. Please remember that this is general advice only and you will need to contact us for more personal advice.

If you have lost a filling or broken a tooth and there are no obvious pain symptoms, please try to maintain high standard of oral hygiene, you need to keep the area free from food and bacteria. Aside from normal thorough brushing and flossing, you can rinse the area with warm salty water to help keep the cavity clean after eating. Avoid chewing hard foods on the broken area as you don't want more to break away.

In case of sensitivity, you could try to use a sensitive toothpaste, apply a pea-sized amount directly on to the area and leave it to do its job. If you are at all concerned send us an email or contact us Facebook Messenger and we can give you more personalized advice. Once the pandemic is over and we are all safe to work again, we will do our best to help you as soon as possible.



How to Avoid Dental Emergencies

Now more than ever we need our patients to make sure they are brushing their teeth at least twice a day and flossing regularly. Be careful with what you are eating and drinking. If you have crowns, veneers, larger fillings or cracks in your teeth, you need to take care eating crunchy and sticky foods such as caramels and popcorn, as these can dislodge restorations or break teeth. Have a drink of water after drinking soft drinks or acid drinks to reduce the time the sugar or acid sits on your teeth.

Go to our website or follow our Facebook page for more tips and to find out when we are reopening!

